

# Our emollient range

You've been recommended:

To help relieve the symptoms of eczema, psoriasis and other dry skin conditions

**EPIMAX®**  
epimax.co.uk

**EPIMAX®**  
moisturising cream



Comfort

Your daily, all-purpose replenishing moisturiser to soothe dry skin and relieve discomfort.

- Cream
- Can be used as a body wash


☐

**EPIMAX®**  
original cream



Hydrate

Your everyday emollient to keep your skin hydrated and comfortable.

- Cream
- Can be used as a body wash


☐

**EPIMAX®**  
oatmeal cream



Protect

Smooth into dry and sensitive skin. The colloidal oatmeal moisturises to protect against irritants.

- Cream
- Can be used as a body wash


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**EPIMAX®**  
excetra cream



Cleanse / soften

Ideal for use as a body wash or moisturiser. It has a high lipid content to help retain moisture in the skin.

- Cream
- Can be used as a body wash


☐

**EPIMAX®**  
isomol gel



Soothe

You'll get all of the comfort of a cream, balanced with the more intensive relief of an ointment.

- Hydro-gel
- Can be used as a body wash


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**EPIMAX®**  
intensive cream



Restore

For hydration and relief of very dry skin. Easily absorbed to leave skin feeling hydrated.

- Cream
- Can be used as a body wash


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**EPIMAX®**  
ointment



Relieve

Intensive relief for very dry skin, that needs an extra dose of TLC.

- Ointment
- Can be used as a body wash or bath additive

**Do not use on the face and wash hands after use.**


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**EPIMAX®**  
paraffin-free ointment



Relieve

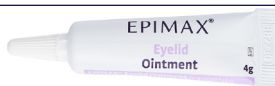
Ideal if you have a skin sensitivity to paraffin. This ointment provides intensive, long-lasting relief for very dry skin.

- Ointment
- Can be used as a body wash or bath additive

**Do not use on the face and wash hands after use.**


☐

**EPIMAX®**  
Eyelid ointment



A soothing moisturiser to help relieve eyelids that are dry, itchy, red, and flaky.



Always read the label

# Applying my emollient

EPIMAX<sup>®</sup>  
epimax.co.uk

## How to apply<sup>1</sup>

Apply gently by smoothing into the skin in the direction of hair growth.

Be careful to avoid contact with eyes.

If product does accidentally come in contact with eyes, rinse well with water and seek medical advice.



## How much to apply<sup>1</sup>

Apply emollients liberally using as much product as needed to manage symptoms.

At least 500g per week for adults

At least 250g per week for children.



## How often to apply<sup>1</sup>

Apply emollients as often as required.

Don't stop using your emollient once your condition has cleared.



## Body wash<sup>2,3</sup>

EPIMAX<sup>®</sup> emollients can be used as a non-foaming body wash. To use your emollient as a body wash:

- Mix a small amount (around a teaspoonful) in the palm of your hand with a little warm water and spread it over your skin
- Rinse and pat the skin dry, being careful not to rub it (this could trigger: itching, blocked hair follicles or create more heat in the skin)



## Bath additive

To help keep skin hydrated, melt 4g of EPIMAX<sup>®</sup> Ointment in hot water and add to your bath.

**Do not use on your face and wash hands after use.**

### Tips<sup>1</sup>

- Use your emollient even when symptoms have improved to help prevent flare-ups
- For extra hydration, apply after bathing, while water is still trapped in the skin

Take extra care as emollients can make shower and bath surfaces slippery.



## My treatment plan

Instructions for use:

Day time:

Night time:

**Always read the label:** This product contains paraffin, which means that any fabric (clothing, bedding, dressings etc) that has been in contact with these products burns more easily and is a serious fire hazard.



**Fire hazard. Do not smoke or go near naked flames; clothing & bedding with this product dried on them can catch fire easily.**

**Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to Aspire Pharma Ltd on 01730 231148.**

If you have any questions regarding your treatment, speak to your doctor, nurse or pharmacist. Further information is available from the distributor: Aspire Pharma Limited, 4 Rotherbrook Court, Bedford Road, Petersfield, Hampshire GU32 3QG (Tel: 01730 231148).

References: 1. <http://www.eczema.org/emollients> (accessed June 2024)

2. <https://www.nhs.uk/conditions/Emollients/> (accessed June 2024)

3. EPIMAX<sup>®</sup> Instructions for Use.

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For other hints and tips, follow us on social media:



@epimaxuk

For more information, instructions for use, and a video on how to apply emollients to the face and neck area, visit:

[www.epimax.co.uk](http://www.epimax.co.uk)

